



**FOR IMMEDIATE RELEASE**

**Contact: April Peer**  
**Marketing/PR Director**  
(870) 816-3904

## **HRMC's Healthy Woman Program Partner with Delta AHEC**

**Helena, AR July 27, 2009** – Helena Regional Medical Center's (HRMC) healthy woman program has joined forces with Delta AHEC to continue to provide monthly free seminars, health fairs, educational programs and interactive events for the women Phillips County.

"With this collaboration, we will be able to better serve the healthcare needs of our community through prevention and awareness," says April Peer, marketing director at HRMC. We are so excited to be working along with Delta AHEC because the resources they provide are essential to the success of our program".

Through Delta AHEC's mission and healthy woman's focus the monthly programs will be dedicated to improving the emotional, physical and fiscal well-being of women and the families in which they care for.

"The staff of the Delta AHEC is excited about expanding our partnership with HRMC to offer this valuable program to the women of Phillips County," says Becky Hall, director of Delta AHEC. "We look forward to helping the woman of Phillips County become healthier!"

Events will be held monthly every fourth Thursday at the Dr. Vasudevan Wellness Center. The first event titled, The FACES of Stroke, is scheduled for Thursday, July 30 at noon in room 306. To register for this event please call 816-3904 or 572-2727.

For more information about out the services provided by Delta AHEC call 572-2727 or for information about the *Healthy Woman* program call 816-3904 or visit [www.helenarmc.com](http://www.helenarmc.com).

###